

**PROCLAMATION**  
***National Child Health Day***  
***October 5, 2020***

*WHEREAS*, Calvin Coolidge was the first president to issue a proclamation for Child Health Day in 1928; and

*WHEREAS*, Childhood obesity is a serious problem in the United States putting children and adolescents at risk for poor health.

*WHEREAS*, Obesity prevalence among children and adolescents in the United States is still too high; and

*WHEREAS*, this is a risk factor for serious health consequences including asthma, diabetes, and heart disease; and

*WHEREAS*, Child Health Day helps spark or increase our awareness of ways to minimize or alleviate health problems that children may face; and

*WHEREAS*, the day focuses on a range of child health issues such as prenatal care, adolescent health, the impact of daycare on a child's development preventing injuries, healthy eating and lifestyle choices, and immunization;

*NOW, THEREFORE, BE IT PROCLAIMED* that the Alameda Unified School District Board of Education recognizes October 5, 2020 as National Child Health Day.

*PASSED AND ADOPTED* this 22<sup>nd</sup> day of September, 2020.

AYES:\_\_\_\_\_MEMBERS:\_\_\_\_\_

NOES:\_\_\_\_\_MEMBERS:\_\_\_\_\_

ABSENT:\_\_\_\_\_MEMBERS:\_\_\_\_\_

\_\_\_\_\_  
Mialisa Bonta, President  
Board of Education  
Alameda Unified School District  
Alameda County, State of California

ATTEST:

By: \_\_\_\_\_  
Pasquale Scuderi, Secretary  
Board of Education  
Alameda Unified School District  
Alameda County, State of California