

**LETTER TO THE BOARD OF EDUCATION
OUT-OF-STATE OR OUT-OF-COUNTRY
FIELD TRIP**

To the members of the Board of Education:

The Varsity women's basketball program is requesting approval to travel out of state and participate in an invitational tournament. On 12/27/16, Alameda High School hopes to take our varsity women's basketball team to Bend, Oregon for an invitational tournament. 15 players and 2 approved chaperones will be traveling by plane and rental vehicles. This trip will allow our student-athletes to experience a different part of our nation; improve the cohesiveness as a team; provide an opportunity for the ladies to grow individually and collectively; and bring our team closer together. The Lady Hornet basketball staff believes that travel is a key component in developing one's "whole self".

Being away from home, in a supervised environment, allows the players to enhance their mental, physical and emotional discipline. The focus will be on preparing the players to compete at their best by encouraging them to eat properly, get enough sleep and focus on the task at hand. Being together as a team away from all the distractions of home, will foster an environment that will allow the team to build focus and camaraderie. The players will be in close quarters with their teammates for almost a week and it will take a great deal of communication, cooperation and compromise to succeed under these conditions.

Our trips are always fun and expose the ladies to different environments, but the opportunity for the players to develop emotionally as student-athletes is the greatest value of such an experience. The discipline we strive to develop in our program transcends the court. It extends their success into the classroom, their homes, and out into the "real world".

The experience cost for each student will be \$400.00. This is all-inclusive and is augmented through fundraising. As always, we will provide financial assistance to any student-athlete who needs it.

We hope that your approval will be granted so that our Lady Hornets may benefit from this experience.

Respectfully,

A handwritten signature in black ink, appearing to read "Robert Ithurburn", written over a horizontal line.

Robert Ithurburn

Principal, Alameda High School